

American Jujitsu Institute

Since 1939



Official Grappling Rules

July 1st 2003

Preface

This booklet details the official Grappling Rules as established by the board of directors of the American Jujitsu Institute. The Institute is a non-profit organization and a registered corporation in the State of Hawaii.

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American Jujitsu Institute
(Grappling Rules)
c/o 1779 Koikoi St.
Wahiawa, Hi 96786

Make your check payable to "AJI."

American Jujitsu Institute

Official Grappling Rules

Purpose The purpose of grappling competition is to promote a competitive spirit amongst the various martial arts within the American Jujitsu Institute. These guidelines are intended to further an atmosphere of sportsmanship and competitiveness as well as to develop a safe and competitive environment for our students.

General Guidelines We intend that each student will compete against students of equal skill and age. Our basic philosophy and guidelines are similar to that contained in our jujitsu and kata rules. Please use these as reference guides.

Judges There shall be one head referee (judge) and two or three confirming judges. These officials are stationed on the contest floor within the designated contest area, or at the scorer's table.

Contest Area The contest area shall be twenty feet (20) square. The area shall be clearly marked. There shall be a scorer's table at the back of the ring, center. The head referee shall always position himself so as to face the scorer's table. The contestants shall be placed between the head referee and the scorer's table. No one other than the current competitors and judges are allowed on or around the mat area. All spectators, parents, coaches etc.. shall remain in the spectator or coaches area.

Scoring Scoring shall be guided as follows:

- Takedowns - 2 points
- Throws - 3 points if both opponents feet leave ground, otherwise considered a takedown
- Escape to standing - 2 points
- Mount Position - 1 point
- Escape Mount - 1 point
- Escape from Guard - 1 point
- Reversal - 1 point
- Ground Control - 1 point (Must maintain for 30 seconds)
- Pin - 2 points. (30 second pin)
- Submission - Absolute Victory

No points are awarded for a knee placed atop opponent's abdomen or chest. A "pin" is considered when one competitor has placed his opponent onto his back and maintains control from the side, or riding position (buttocks on mat with arm around

American Jujitsu Institute

Official Grappling Rules

opponents neck) preventing opponent from escaping or moving. In this instance, the superior position is awarded two points. The referee will stop the match, bring the competitors to a standing position and restart the match. The match shall continue until time runs out, or there is a submission.

Violations

A warning shall be issued on the first violation of any rule or illegal strike. A second infraction shall result in 3 points being deducted from the violator's score. In instances where the violator has no score, 3 points will be awarded to the opponents score. A third infraction shall result in a disqualification.

Violations shall included:

Unsportsmanlike Conduct

Swearing

Disobedience to judges

Hard facial contact or and deliberate excessive hard contact.

Not being present for a match.

Striking opponent during a break.

Illegal Techniques:

1. Eye strikes or gouging.
2. Striking (Punch, kick, slap, head butt etc..)
3. Biting, Scratching, Hair Pilling
4. Small Joint (finger/toe locks) manipulation
5. Guard slamming or neck cranking/compression.
6. Front or rear choking using hand(s).

Immediate Disqualification Rule:

The following violations will result in immediate disqualification. These rules apply to contestants, instructors, coaches and audience members.

1. Swearing to judges
2. Malicious injury to opponent or official
3. Continuing action of unsportsmanlike conduct. (The offender shall be ejected from the tournament site. There shall be no refund of fees.

There is no appeal of the judge's decision. Once the head judge makes a determination of the Immediate Disqualification Rule, there is no appeal. The tournament director may not overrule this decision.

American Jujitsu Institute

Official Grappling Rules

Attire

Complete martial arts uniforms shall be worn by all competitors. This shall consist of a jacket, pants and belt.

Female competitors shall wear a T-shirt under the jacket.

Uniforms shall be clean.

No jewelry shall be worn.

Safety Equipment

Required gear:

Grappling or sport jujitsu gloves

Age Divisions

| | |
|-------------|-------------|
| Juniors | 5 thru 7 |
| Juniors | 8 thru 9 |
| Juniors | 10 thru 11 |
| Seniors | 12 thru 13 |
| Seniors | 14 thru 15 |
| Seniors | 16 thru 17 |
| Adults | 18 thru 25 |
| Adults | 26 and over |
| Black Belts | |

Depending on the number of competitors, there may be male and female divisions. Divisions may be further broken down to levels of experience such as novice, intermediate etc.

Children five (5) years old and under may compete however, in no event shall they compete with anyone over 6 years of age.

Matches

Matches shall be two (3) minutes in length. The tournament director may increase the length of matches depending on the skill-level and age of the competitor. In no case shall the match exceed five (5) minutes. The time shall run continuous unless "time out" is called by the head judge. The time shall be kept by the official scorer or his designee ("Timer"). The "Timer" shall call out the time left when there are 10 seconds left in the match. Further, the timer shall notify the head judge when the match has ended by calling out "Time!" or by throwing a bean bag, or similar item into the ring. The head judge shall then check the scores and announce the winner.

American Jujitsu Institute

Official Grappling Rules

In the event of a tie, the match will continue in a one (1) minute overtime sessions. In the event the match is still tied after the first session, sessions will continue until a point is scored or deducted. The winner shall then be declared. Rest periods between rounds shall be for sixty (60) seconds.

Standard bracketing formats shall apply. Competitors shall be distinguished by wearing color strips attached to the rear belt.

Formal Match Procedures

The head judge will call the competitors to the center of the ring. The competitors shall enter the ring, bow to the head official then bow to each other. They shall then face each other in a ready position and wait for the command to begin. The head official shall give the command "fight." At the same time signaling with his right hand in a downward motion for the match to begin. The match begins and the Timer begins the count-down.

Juniors up to nine (9) years of age shall start their match from the referee's position. They shall be in the grasps of each other. After every "break" they shall once again begin from the referee's position. Barring any break, the two competitors shall continue the match even if they are not in the referee's position.

In all other age groups, the competitors shall start the match apart.

Judges should be equipped with mechanical or digital counters to add and/or deduct points. The head judge may call out the points whenever a point is scored. In this instant, the head judge will call out the value of the point(s) and the color. Judges will click or add the points in favor of the competitor. If there are 3 judges, the third will act as the counter for the head judge who is refereeing the match.

At the end of the match, the head judge will check with the other judges on the score to determine who the winner on points is. In the event of a tie, the head judge will make the determination based on his score. If there is still a tie, the head judge will make the decision based on who he determined controlled the match.

His decision is final and there is no appeal.

American Jujitsu Institute

Official Grappling Rules

Variations

Except of rules 1,2 or 3 of the Immediate Disqualification Rule, the tournament director may grant a variance to any rule at his/her discretion. A request for any variance must be made by the chief instructor on behalf of his/her student. In no case shall any variance be granted which would arbitrarily overturn the outcome of a match.

The purpose of this rule is to permit the tournament director the power to handle unforeseen problems which arise from time to time, and not to display favoritism or bias.

Grievances

Grievances must be made by the head of the grieved school. It must be in writing and addressed to the Tournament Director within fifteen (15) days after the event. The Tournament Director shall conduct an immediate investigation and present the findings to the Board of Directors of the AJI within 30 days of receipt. The board shall respond within 10 days after the decision is made, or with 20 days of receipt of the grievance. The decision of the board is final and there is no appeal.

Formalities

Formalities and awards shall be the same as for jujitsu and kata.

Judge's Certification

Same as Jujitsu and Kata requirements.

Awards

Awards shall be awarded from 1st to 3rd places. The Tournament director may elect to present more places. There shall be no ties for 1st thru 3rd places.

Contest directors may present participation certificates to all competitors.

Team Awards

Team awards may be presented based on the cumulative points earned by each school from the following table:

| | |
|-----------------------|----------|
| 1 st Place | 5 points |
| 2 nd Place | 4 points |
| 3 rd Place | 3 points |
| 4 th Place | 2 points |
| 5 th Place | 1 point |

American Jujitsu Institute
Official Grappling Rules

To request a judges certification test, please write or contact:

American Jujitsu Institute
Attn: Judges Certification
C/o 1779 Koikoi St.
Wahiawa, Hi 96786
Ph: (808) 224-1142
Cost: \$25.00

Judges certification requires successful completion of a twenty five (25) question examination.
You will be notified immediate after your results are calculated.